

# Out in the City

Social / support group for LGBT+ 50+



[www.outinthecity.org](http://www.outinthecity.org)

**Out in the City** is a self-organised group (linked to Age UK Manchester) to support members of the lesbian, gay, bisexual and transgender (LGBT+) communities who are over 50 years of age.

We are a friendly social / support group which meets every week from 2.00pm to 4.00pm usually at Cross Street Chapel, 29 Cross Street, Manchester M2 1NL. Also every week there are different activities such as day trips, visits to galleries, museums, cinemas, pubs, tea rooms as well as walks in the city and in green spaces. The group is open to anyone who is LGBT+ and 50 and over. For details please see: <https://outinthecity.org/next-outings/>

**Out in the City** aims to reduce social isolation and improve social well-being by:

- Providing a safe meeting space weekly in an accessible venue
- Organise trips and events
- Link with other groups
- Have tea, coffee and a chat
- Meet new people.

You are welcome to just turn up at one of our meetings, or if that's too daunting and you prefer to meet one of the group members, visit our Contact Us page on our website ([www.outinthecity.org](http://www.outinthecity.org)) and leave us a message.

You can also leave a message at Manchester Age UK on Tel: 0161 302 4130.